

2025 Concordia/NAIT Open XC

Sep 6, 2025

Gold Bar Park, Edmonton AB

ACAC Running Room Grand Prix Race #1

Run Alberta XC Series Race #1

Hosted by Concordia University of Edmonton and NAIT



Technical Package

Sponsored By:



2025 Concordia/NAIT Open XC
Gold Bar Park, Edmonton, ALBERTA
10955 50th St NW

Schedule of Events

September 6th, 2025

Open 2km or 4km	11:00am	Gold Bar Park, Edmonton
Open Women 6km	12:00 pm	Gold Bar Park, Edmonton
Open Men 8km	1:00 pm	Gold Bar Park, Edmonton
Awards	2:30 pm	Gold Bar Park, Edmonton

- Entry fee will be \$10/participant.
- Race package pickup on site at Gold Bar Park Pavilion beginning at 10am.
- Schools/clubs will not be charged for scratches
- Race day registration is available but re-registration is encouraged and appreciated.
- ACAC schools will be invoiced for registration fees based upon # of participants that show up to run
- Please make cheques payable to Concordia University of Edmonton

Contact

Matt Norminton 780-935-3771 or matthew.norminton@concordia.ab.ca

Directions

To Gold Bar Park (Edmonton) from south of the city:

- Take 50th Street north to Gold Bar Park Road (if you hit the river, you have gone too far!!!)
- Turn right on Gold Bar Park Road and follow into Park

To Gold Bar Park (Edmonton) from north of the city:

- Take 75th street south to 106th Ave NW
- Turn left on 106th Ave NW
- Follow 106th Ave east to 50th street.
- Turn left on 50th street
- Go south on 50th Street to Gold Bar Park Road (if you hit the river, you have gone too far!!!)
- Turn right on Gold Bar Park Road and follow into Park

To Gold Bar Park (Edmonton) from east of the city:

- Take 101st Ave NW west towards 50th street.

- Turn right on 50th street
- Go south on 50th Street to Gold Bar Park Road (if you hit the river, you have gone too far!!!)
- Turn right on Gold Bar Park Road and follow into Park

Host Hotel

Sandman Signature Hotel – Downtown Edmonton

Address: 10235 101 St NW, Edmonton, AB, T5J 3E9

Contact: Corey Leson (sales_signatureedt@sandman.ca)

Phone: 780-441-3077

Course Description

The 2025 Concordia/NAIT Open XC course will be held in Gold Bar Park in Edmonton and will be the same loop as what was used for the 2022 ACAC XC championships and the last 2 ACAC grand prix race #1's.

We will have 3 races this year, an open 2km or 4km race for younger runners or those looking for a shorter race, a 6km for the women and an 8km for the men. This year's course will be a 2k loop runners starting/finishing in the same area. We will not be going up refinery hill.

The rolling course is a mixture of hard packed gravel, grass and dirt trails. The course will be well marked and flagged with red flags on the left and yellow flags on the right. Kilometer markers will be provided for each kilometer and we'll have course marshals where needed.

Entry forms

All entries are due by Thursday September 4th, 2025 at 4:00 pm.

Entries can be completed using the attached excel spreadsheet and e-mailed to Ron Barnhart (ronaldb@nait.ca) and Matt Norminton at matthew.norminton@concordia.ab.ca

Individuals can register here: <https://forms.gle/Ny8ru2xSUUx1H5r96>

